



# OMED<sup>®</sup>25

Osteopathic harmony

Aligning leadership, education & patient care

Sept. 25-28 • Nashville, TN

## In-Person Conference Program

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**Registration and housing open now!**  
**Come together to experience the  
distinctiveness of osteopathic education.**

I am delighted to meet in person in Nashville, Tennessee, at the Music City Center this September 25 through 28.

The Osteopathic Medical Education Conference (OMED) is the American Osteopathic Association's (AOA) premier educational event. Presented annually, it is a conference that showcases osteopathic medicine across multiple specialties and is planned in conjunction with AOA specialty college affiliates. It brings together the osteopathic community and provides an opportunity for attendees to obtain high-quality education, discuss clinical science, and network with one another. In addition, this unique event affords the AOA the opportunity to continue to strengthen its relationship and partnership with osteopathic affiliated organizations, including colleges of osteopathic medicine.

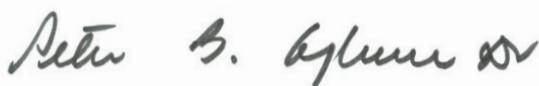


Step into the spotlight with OMED, the only national osteopathic conference that underscores the crucial role of osteopathic physicians. By attending in person, you'll immerse yourself in an enriching environment that fosters fellowship and camaraderie. Dive into a broad spectrum of educational tracks and social networking events tailored to meet your professional needs. Regardless of whether you're a seasoned professional, an up-and-coming physician, or an ambitious osteopathic student or resident, OMED is your platform to shine and grow. Join us at OMED for an unmatched experience that will redefine your professional journey!

The OMED 2025 conference program is your one-stop resource for everything you need – from viewing the conference schedule to gathering details about registration and hotel accommodations. But that's not all! Keep yourself updated with the latest additions to the specialty track sessions and activities by checking back frequently. We're constantly enriching our program to ensure an engaging, diverse, and dynamic experience.

By attending in person, you'll receive exclusive access to the OMED 2025 virtual platform from the afternoon of September 28 right through to December 31. The OMED 2025 virtual platform will have all in-person content in addition to bonus virtual sessions from seven additional specialties.

On behalf of the entire Council of OMED, we look forward to welcoming you to Nashville, Tennessee!



Peter Ajluni, DO  
Chair, Council of OMED

**Nashville, Tennessee  
Welcomes You!**

The registration fees are listed below. Attending in-person provides access to the virtual platform for post-event viewing and continuing education.

\*AOA Members Exclusive Pricing Promotion! Register AND Reserve a Hotel Room June through July 31 at the special promotional price of only \$675! Added Bonus: The first 500 AOA members who take advantage of this exclusive promotion will receive food vouchers to utilize at the convention center.

\*\*New Physicians in Practice: Discounted promotional codes available. Email [meetings@osteopathic.org](mailto:meetings@osteopathic.org) for more information.

Category	Rates
AOA Member (AOA)	\$975*
AOA Non-Member (NM)	\$1,175
Associate Members/Practice Managers (ASM)	\$326
Non-DOs (MDs, PhDs) (NDO)	\$1,175
Retired AOA Members (RET)	\$300
Military	\$625
Allied Health Professionals (RNs, NPs, PAs, etc.)	\$1,175
Advocates of the American Osteopathic Association	\$150
Affiliate Executive Directors/CEOs	\$0
New Physicians in Practice	\$975**
Residents (R)	\$75
Students (S)	\$50
Pre-Medical Students	\$50
Guests/children 13 and over	\$150
Children 12 and under	\$0

The official housing provider for the AOA OMED conference is Maritz. The AOA OMED conference does not have influence over or responsibility for any reservations made through a housing company or group other than the AOA OMED conference official housing partner, Maritz. In recent years, several attendees have informed the AOA OMED conference of housing solicitations (often fraudulent) from groups with no affiliation with the AOA OMED conference. It is encouraged to book hotel reservations through the AOA OMED conference provider, Maritz, and avoid providing information to any other company, even if they claim to be affiliated with the event.

The following hotels are the official AOA OMED conference hotels.

Hotel Name	Room Rate
OMNI Nashville (headquarters)	\$355+ tax
Westin Nashville	\$309+ tax
Renaissance Nashville	\$279+ tax
Home2Suites Nashville Downtown Convention Center	\$265+ tax
Tru Nashville Downtown Convention Center	\$265+ tax

Advantages of Booking within the AOA OMED Conference Hotel Room Block:

- **Location** — All hotels are within walking distance of the convention center.
- **Deep discounts** — The AOA Group Rate provides the best pricing during the OMED conference.
- **Best rate package** — The OMED rates remain the lowest.
- **Hotel reward points** — Add your hotel rewards to your reservation to earn loyalty points and enhance your hotel stay.
- **Support the industry** — Booking within the OMED hotel room block allows the AOA to provide a convention experience at a lower price point.

Hotel reservations can be made online through Maritz when completing your in-person registration.

**Housing is now open!**

### OFFICIAL HOUSING MAP: DOWNTOWN NASHVILLE

- 1. Omni Nashville Hotel**  
 250 Rep. John Lewis Way S  
 Adjacent
- 2. The Westin Nashville**  
 807 Clark Pl  
 Adjacent
- 3. Renaissance Nashville Hotel**  
 611 Commerce St  
 3 blocks
- 4. Home2 Suites by Hilton Nashville Downtown Convention Center**  
 500 Rep. John Lewis Way S  
 1 block
- 5. Tru By Hilton Nashville Downtown Convention Center**  
 500 Rep. John Lewis Way S  
 1 block
- 6. Hilton Garden Inn Nashville Downtown/Convention Center**  
 305 Korean Veterans Blvd  
 2 blocks



\*Distances noted are in relation to Music City Center

VisitMusicCity.com

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# »» Continuing Medical Education (CME) Information



OMED25 is supported by independent educational grants from commercial interests. Complete information will be provided to participants prior to the activity. Conflict of Interest Disclosures for individuals in control of content will also be provided prior to the start of the activity.

## Overall Education Objectives

- Highlight the evidence on new, revised, and standard treatment approaches for a variety of medical conditions as they relate to physicians
- Review revisions in clinical practice guidelines and evaluate clinical practice implications
- Describe updates in clinical decision tools for screening and differential diagnoses of diseases

## Designation

The American Osteopathic Association (AOA) designates this program for a maximum of 40 AOA Category 1-A Credits\* and 20 AOA Category 1-B Credits and will report CME credits commensurate with the physician's participation in this program. The AOA designates this blended activity for *60 AMA PRA Category 1 Credits™*.\* Physicians should only claim the credit commensurate with the extent of their participation in the activity.

\*In-person attendees are eligible for a maximum of 60 AOA Category 1 Credits (40 1-A, 20 1-B) or 60 *AMA PRA Category 1 Credits™*.

## Claim 2 AOA Category 2-B Credits by Viewing ePosters

Participants may claim up to two (2) AOA Category 2-B Credits by viewing ePosters at the link that will be provided closer to OMED. To claim this credit and receive a certificate, the participant must complete and submit a separate attestation form to [gdillard@osteopathic.org](mailto:gdillard@osteopathic.org). The AOA will email a certificate that includes the number of AOA Category 2-B Credits earned once the attestation form is received and the hours are verified.



The American Osteopathic Association (AOA) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

## CME/Certificate of Attendance

To claim your CME certificate or your certificate of attendance, you will need to complete an evaluation and CME credit hour attestation by January 31, 2026.

## Disclaimer

The information in this educational activity is provided for general medical education purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options of a specific patient's medical condition. The viewpoints expressed in this CME activity are those of the authors/faculty. They do not represent endorsement by the AOA. In no event will the AOA be liable for any decision made or action taken in reliance upon the information provided through this CME activity.

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# »» OMED25 Preliminary Schedule of Events



**OMED25**  
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OMED25 will bring together osteopathic physicians and the healthcare team for one event this September 25 through 28 at the Music City Center in Nashville, Tennessee. Earn up to 40 Category 1-A Credits and up to 20 Category 1-B Credits.

CME sessions, exhibits, general sessions, student sessions, ancillary meetings, and registration will take place in the Music City Center.

The AOF Honors Gala and Alumni events will take place at the OMNI Nashville Hotel.

## Thursday, September 25

*All times listed are Central Standard Time*

<b>TIME</b>	<b>EVENT</b>
All Day	Explore Nashville – View <a href="#">website</a> for various tours
8 a.m.-12 p.m.	OMT Next Level: Cervical Thoracic Spine (Separate Registration Required)
8 a.m.-5 p.m.	DOT FMCSA NRCME Course (Separate Registration Required – <a href="#">Click here to register</a> for this course ONLY without registering for OMED25)
11 a.m.-5 p.m.	CME (Didactic) Sessions
11 a.m.-7 p.m.	Registration Open
1-5 p.m.	OMT Next Level: Upper Extremities (Separate Registration Required)
5:00-5:45 p.m.	Specialty College Reception (By Invitation)
6-7 p.m.	OMED Welcome Reception (All Attendees)
7-10 p.m.	AOF LGBTQ+ Pride Reception (Separate Registration Required)

## Friday, September 26

*All times listed are Central Standard Time*

<b>TIME</b>	<b>EVENT</b>
6-7:30 a.m.	Symposium
7:45-9:15 a.m.	Main Stage: Keynote Presentation and Award Recognition
9:15 a.m.-1:15 p.m.	OMT Next Level: Headaches (Separate Registration Required)
9:25-9:30 a.m.	Exhibit Hall Ribbon Cutting
9:30-10 a.m.	Exhibit Hall Exclusive Opening <i>Continental Breakfast Provided</i>
9:30 a.m.-3 p.m.	Exhibits Open Interactive Area
10 a.m.-12:30 p.m.	CME (Didactic) Sessions
10:30-11:15 a.m.	Exhibit Hall Product Theater
12:30-1:30 p.m.	Exhibit Hall Exclusive Hour Product Theater

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# »» OMED25 Preliminary Schedule of Events



**OMED25**  
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## Friday, September 26 (continued)

All times listed are Central Standard Time

1:30-4:30 p.m.	Resident Track
1:30-5 p.m.	CME (Didactic) Sessions
1:45-5:45 p.m.	OMT Next Level: Lower Extremities (Separate Registration Required)
2-3 p.m.	Exhibit Hall
	JOM Journal Club
6-11:30 p.m.	AOF Honors Gala (Separate Registration Required)

## Saturday, September 27

All times listed are Central Standard Time

TIME	EVENT
8-9 a.m.	Exhibit Hall Exclusive Hour Specialty and State Spotlight <i>Continental Breakfast Provided</i>
8 a.m.-2 p.m.	Exhibits Open Interactive Area
9 a.m.-12:30 p.m.	CME (Didactic) Sessions
9 a.m.-12:30 p.m.	Residency Fair
9 a.m.-12:30 p.m.	Student Track
9 a.m.-12:30 p.m.	New Physician in Practice Track
10:30-11:15 a.m.	Exhibit Hall Product Theater
12:30-1:30 p.m.	Student Mentor Café
12:30-1:30 p.m.	Lunch and Learn
12:30-1:30 p.m.	Exhibit Hall Exclusive Hour Product Theater
1:30-3:45 p.m.	Faculty Development Programming
1:30-3:45 p.m.	New Physician in Practice Track
1:30-4 p.m.	CME (Didactic) Sessions
1:30-4 p.m.	Student Track
4-5:15 p.m.	Main Stage: Keynote Presentation and Award Recognition
5:15-6 p.m.	Networking Event
After 6 p.m.	Alumni Events
6-7 p.m.	Student/Resident/BEL Reception
6:30-8:30 p.m.	OPAC Reception

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# »» OMED25 Preliminary Schedule of Events



## Sunday, September 28

All times listed are Central Standard Time

TIME	EVENT
6:30-7:45 a.m.	AAOA Fun Run (Separate Registration Required)
7:45-8:45 a.m.	AOA Session: Certifying Board Services and the Bureau of Osteopathic Specialists State of the Union <i>Continental Breakfast Provided</i>
9 a.m.-12 p.m.	CME (Didactic) Sessions
9 a.m.-12 p.m.	Student Track
After 12 p.m.	OMED25 On Demand Begins
Afternoon	Explore Nashville – View <a href="#">website</a> for various tours

## OMED On-Demand

### September 28 (Afternoon) – December 31, 2025

Access all CME content through the virtual platform. All content from specialties participating virtually will be available for viewing beginning at noon on September 28.

## Emergency Medicine Osteopathic Physicians

The **American College of Osteopathic Emergency Physicians (ACOEP)** will be hosting its 2025 Scientific Assembly from September 21 through September 25, 2025, in Nashville at the Music City Center. [Click here for more information.](#)

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## FRIDAY MAIN STAGE HIGHLIGHTS



### **Keynote: A Conversation with Dr. Mona Hanna – Featuring Mona Hanna, MD, MPH, FAAP Friday, September 26 | 8 a.m. CT**

Dr. Mona Hanna (commonly known as Dr. Mona and formerly known as Dr. Mona Hanna-Attisha) is the Associate Dean for Public Health and C. S. Mott Endowed Professor of Public Health at Michigan State University College of Human Medicine. She is the founding director of the **Pediatric Public Health Initiative**, an innovative partnership of MSU and Hurley Children’s Hospital in Flint, Michigan. She is reimagining how society can come together to eliminate infant poverty with a first-in-the-nation program, **Rx Kids**. A pediatrician, scientist, activist, and author, Dr. Hanna-Attisha was named one of Time magazine’s 100 Most Influential People in the World and recognized as one of USA Today’s Women of the Century for her role in uncovering the Flint water crisis and leading recovery efforts. Dr. Hanna-Attisha is the author of the widely acclaimed and New York Times 100 most notable book, ***What the Eyes Don’t See: A Story of Crisis, Resistance, and Hope in an American City***.



### **Keynote: Amplifying Brilliance – How to Be a Velcro Leader™ – Featuring Simon T. Bailey, MBA Friday, September 26 | 8:30 a.m. CT**

In a world where pressure is rising and teams are quietly unraveling, leaders must do more than drive performance—they must cultivate well-being by amplifying brilliance. Amplifying Brilliance equips leaders to fasten people to purpose, possibility, and one another through empathy, coaching, and presence. When brilliance is awakened, hope becomes the renewable resource that sustains leaders and their teams. At the heart of this keynote is the Hope Tree Framework—a model that shows how leaders can turn daily challenges into opportunities for growth, meaning, and human connection. Because people are not just metrics; they are potential in motion. When leaders amplify brilliance, they multiply hope—and that hope changes everything.

*(Continued on next page)*

## FRIDAY MAIN STAGE HIGHLIGHTS *(continued)*

### Key Takeaways:

#### 1. Connect Head, Heart, and Healing in Leadership

Velcro Leaders™ fasten people to trust and belonging by seeing patients, colleagues, and staff as whole-person stories—not spreadsheets.

#### 2. Anchor Well-Being Through Hope in Action

Velcro Leaders™ cultivate daily practices that renew purpose, restore energy, and activate the brain’s capacity to rewire toward possibility.

#### 3. Design Hope-Centered Cultures

Velcro Leaders™ create environments where brilliance is recognized and hope fuels collaboration, innovation, and patient care.

Simon T. Bailey, MBA, is the original Velcro Leader™—a visionary strategist and soul-awakener reimagining how people lead, live, and work in a world where pressure is rising and well-being is quietly unraveling. A former Disney Institute Sales Leader turned global voice of transformation, Simon is the instigator of the Amplifying Brilliance Economy—a movement designed to create hope-centered organizations where people rediscover who they are, what they carry, and how to live whole in a fragmented world.

His work addresses one of the most urgent challenges of our time: the silent displacement of millions in identity, meaning, and connection. At the heart of his teaching is the Hope Tree Framework, a practical model that equips leaders to transform daily challenges into growth, clarity, and purpose. With an executive MBA from the Royal Docks School of Business and Law at the University of East London and three honorary doctorates for his global impact, he’s on a mission to foster brilliant wellness in leaders, teams, and organizations worldwide.

Featured alongside Brené Brown and Tony Robbins by Success Magazine as one of the top voices shaping the future, Simon’s insights have impacted more than 2,500 organizations across more than 55 countries, with clients including Microsoft, Salesforce, Stanford Health, and Visa. He is the creator of Velcro Leader™, Brilliance DNA, the Hope Tree Frameworks, and the author of 11 books and 14 LinkedIn Learning courses—translated into eight languages and accessed by more than 400,000 professionals worldwide.

### The AOA will recognize recipients of the following awards:

#### 2025 Individual DEI Unification Award

Janie L. Orrington-Myers, DO, DFACOS, FACS

#### 2025 Organizational DEI Unification Award

AOCPMR Medical Student Council JEDI Committee

#### 2025 Mentor of the Year

Julieanne P. Sees, DO

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## SATURDAY MAIN STAGE HIGHLIGHTS



### **Keynote: Dr. Ben Comedy – Featuring Ben Debelak, DO Saturday, September 27 | 4:15 p.m. CT**

This main stage keynote with Dr. Ben Comedy will wrap up the day with laughter. Whether he’s replacing a knee or shoulder or joking about peeing in Morse Code, Dr. Ben delivers laughter with surgical precision.

Ben Debelak, DO, is a Nashville-based comedian who merges his career as a board-certified, orthopedic surgeon with a passion for clean, crowd-pleasing humor. Dr. Ben’s comedy journey transformed after a few open mic nights to headlining his own sold-out shows, Dr. Ben & Friends, at Zanie’s in Nashville, proudly “putting the MED in COMEDY!”

Dr. Ben’s relatable, laugh-out-loud material quickly gained traction and led to exciting new collaborations. His breakthrough performances, like The Sidewalk Surgeon, showcased his ability to connect with diverse audiences who celebrate clean comedy.

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## SATURDAY MAIN STAGE HIGHLIGHTS



### **Keynote: The Edge of Possible: Unlocking Potential in a World of Rapid Change – Featuring Cameron Atlas** **Saturday, September 27 | 4:45 p.m. CT**

Living in the most accelerated periods in history driven by advances in AI, emerging technologies, and global shifts is redefining how we live and work. This experiential main stage keynote presentation will focus on powerful stories, real-world examples, and practical strategies to embrace change as a constant, move beyond fear, and take bold, decisive steps into the unknown through music.

As a leading authority on adaptability, resilience, and continuous improvement, Cameron has spent the past 15 years helping organizations, leaders, and teams break through limitations and unlock new levels of performance in the face of constant change.

Blending insights from leadership, psychology, and human performance with the emotional impact of live music. In one of the boldest moves of his life, Cameron once sold everything he owned and embarked on a life-changing journey around the world. This decision wasn't just about travel; it was a radical act of reinvention that taught him invaluable lessons about dreaming big and navigating change. With more than 300 songs written about topics including purpose, resilience, courage, and overcoming adversity, Cameron's music has been heard millions of times across 195 countries.

Cameron is also an avid pickleball player, dog dad to his Australian Shepherd Indy, and proudly known as “Uncle Cam” to five beautiful kids.

### **The AOA will recognize recipients of the following awards:**

#### **2025 Outstanding Affiliate Awards**

Missouri Association of Osteopathic Physicians and Surgeons (MAOPS)

American Osteopathic College of Radiology (AOCR)

American Osteopathic College of Anesthesiologists (AOCA)

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## SUNDAY GENERAL SESSION

**Certifying Board Services and the Bureau of Osteopathic Specialists State of the Union  
Sunday, September 28 | 7:45-8:45 a.m. CT**

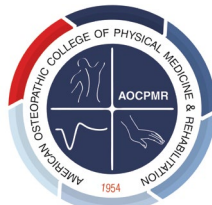
More information coming soon.

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# »» OMED25 Specialty College In-Person Participation



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AMERICAN  
OSTEOPATHIC  
ACADEMY OF  
**SPORTS MEDICINE**

# »» OMED25 Specialty College Virtual Participation



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The following specialties are participating in person with all content, including additional bonus content, available virtually beginning Sunday, September 28.

## Addiction Medicine

The **American Osteopathic Academy of Addiction Medicine (AOAAM)** will have a central theme of advancing addiction medicine and innovations in substance use disorder treatment. As part of OMED25, this specialized track on substance use disorder (SUD) treatment brings together leading experts to explore the latest advancements in addiction medicine. Sessions will cover innovative therapies such as Transcranial Magnetic Stimulation (TMS) and GLP-1 receptor agonists, best practices for behavioral assessments, and specialized approaches for unique patient populations—including healthcare professionals, LGBTQ individuals, and obstetric patients. Designed for osteopathic physicians and healthcare providers, this track will provide practical strategies and cutting-edge research to enhance patient care and improve treatment outcomes. Join us at OMED to stay at the forefront of addiction medicine and network with leaders in the field.

## Allergy and Immunology

The **American Osteopathic College of Allergy and Immunology (AOCAI)** will present lectures covering topics on precision approaches to asthma treatment, precision approaches to insect venom hypersensitivity, anaphylaxis, and approaches to contact dermatitis. In addition, we will provide a lecture covering updates on the current recommendations of the Advisory Committee on Vaccination Practices (ACIP) and the Center for Disease Control (CDC).

## Dermatology

The **American Osteopathic College of Dermatology (AOCD)** is proud to provide educational courses for OMED25 in Nashville and to the virtual OMED25 platform. All AOCD CME activities are planned by a committee comprised of AOA Board-Certified Osteopathic Dermatologists. The AOCD will provide a diversified CME program focusing on the art and science of Dermatology. Information will be presented through lectures. Join the AOCD sessions and update your knowledge on topics ranging from dermatology history, treatments for skin of color, rural dermatology, practice management tips, contact dermatitis, and other interesting topics. As a result of attending these activities, physicians will gain knowledge in helping patients to change their behavior to assist them in their treatment.

## Emergency Medicine

The **American College of Osteopathic Emergency Physicians (ACOEP)** will cover emergency medicine in various settings, including the family medicine office, urgent care, and emergency departments. The information presented, developed by ACOEP, will be valuable to physicians in both community and academic settings. Though comprehensive in scope, the lecture format will be abbreviated presentations by speakers of various related and complementary specialties.

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## Family Medicine

The **American College of Osteopathic Family Physicians (ACOFP)** offers a diverse range of educational sessions covering innovative topics in Family Medicine. As Family Medicine plays a crucial role in healthcare, ACOFP ensures that its members are equipped with the latest knowledge and skills in the field. In collaboration with sister societies, ACOFP also provides interdisciplinary education, allowing healthcare professionals to learn from and collaborate with colleagues from different disciplines. With a focus on comprehensive and holistic healthcare, ACOFP is dedicated to advancing the practice of Family Medicine and promoting excellence in patient care.

## Military

The **Association of Military Osteopathic Physicians and Surgeons (AMOPS)** has developed sessions that will introduce attendees to Military Medicine: on Land, Sea, and Air, as well as Military Medicine: Front Lines to Civilian Trauma Centers, to treating our VA patients! Sessions include aerospace medicine, medical support to the warfighter, integrating military medicine in the civilian world, burn care, TBI, FAST exams, treating our VA patients, and a demonstration of Osteopathic Manipulative Medicine's (OMM) use on the battlefield, shipboard, and flightlines. Both military physicians and civilian physicians will benefit from these sessions.

## Neurology/Psychiatry

The **American College of Osteopathic Neurologists and Psychiatrists (ACONP)** educational sessions will cover a range of topics in the fields of Neurology and Psychiatry to include NMDA receptor encephalitis in children and adolescents, the use of muscle MRI in the diagnosis and treatment of myopathies, dizziness and vertigo with neuro-rehab options, neuromyelitis optica syndrome, chart etiquette, prolonged cardiac monitoring in search of atrial fibrillation, the role of guanfacine for adult ADHD, and much more.

## Occupational and Preventive Medicine

The **American Osteopathic College of Occupational and Preventive Medicine (AOCOPM)** will address current occupational, environmental, and preventive medicine topics. Topics will be divided into three divisions: public health and general preventive medicine, occupational medicine, and aerospace medicine. Focus areas within these divisions include correctional medicine, undersea hyperbaric medicine, and disability impairment medicine.

## Osteopathy

The **American Academy of Osteopathy (AAO)** will showcase distinguished faculty discussing the concepts of turning DISability to ability through the treatment of the extremities and beyond. Previous trauma can cause obvious deformity or restricted movement, especially within the extremities, but also that which is invisible, such as anxiety, depression, PTSD, and complex chronic pain. We will explore the hands-on treatment of these conditions in our workshops. Additionally, in our virtual sessions, we will explore the utilization of technology to help with osteopathic education and patient care.

This engaging program will provide attendees with comprehensive and state-of-the-art information about how physicians can diagnose and treat these and other conditions in a comprehensive manner, including utilization of a wide variety of OMT approaches.

## Pediatrics

The **American College of Osteopathic Pediatricians (ACOP)** plans to address current topics related to the care of children, including sessions on neonatal/perinatal medicine, pediatric weight management, pediatric infectious disease, autism, pediatric oncology/hematology, dermatology, and OMM/OMT. ACOP is also planning a joint session with the American Osteopathic Academy of Sports Medicine (AOASM).

## Physical Medicine and Rehabilitation

The **American Osteopathic College of Physical Medicine and Rehabilitation (AOCPMR)** program will focus on optimizing physiatry and physical medicine and rehabilitation in today's healthcare environment. Educational session topics include interventional spine, sports medicine, electrodiagnosis, and OMT. The Innovations in Rehabilitation segment includes presentations on wearables and motion capture in rehabilitation, the role of physiatry in cellular therapy, and AI in documentation.

## Prolotherapy Regenerative Medicine

The **American Osteopathic Association of Prolotherapy Regenerative Medicine (AOAPRM)** program starts with the basic skills required to perform a prolotherapy treatment. Platelet-rich plasma (PRP) is discussed as an advanced prolotherapy treatment for cases that are more complicated. The latest treatment modalities for the cervical, lumbar, and thoracic spine will be covered. Each day, the didactic sessions will conclude with practical clinical assessments.

## Sports Medicine

The **American Osteopathic Academy of Sports Medicine (AOASM)** will present "Sports Medicine: A Pathway to Treating All Patients." The program includes sports medicine topics relevant to physicians in all specialties, highlighting the dual clinical missions of promoting exercise as medicine for all people and providing sports medicine care to all people. We will provide an in-depth review of common musculoskeletal conditions including diagnostic evaluation, management, and return-to-play considerations across pediatric, adolescent, adult, geriatric, and disabled athlete populations. The program will also explore new ideas in clinical practice, apply evidence-based research, and connect with diverse patients. All topics will highlight the osteopathic approach to evaluation and management. For additional information, contact the AOASM National Office at [info@aoasm.org](mailto:info@aoasm.org), or visit the AOASM website at [www.aoasm.org](http://www.aoasm.org).

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The following specialties are offering virtual content for **OMED25 On Demand**, which will be available beginning at 12 p.m. on Sunday, September 28.

## Anesthesiology

The **American Osteopathic College of Anesthesiologists (AOCA)** will address the medical skills necessary for anesthesia practice. Participants can align their practice goals to stay current with medical education and improve patient outcomes. Sessions will cover critical updates in the anesthesia sub-specialties including regional, cardiac, obstetrics, pediatrics, and pain management, as well as improving surgical outcomes for patients.

## Hematology

The **American Society of Hematology (ASH)** will provide robust, current educational content, including understanding chronic leukemias, CAR T-cell therapy, sickle cell disease, abnormal newborn screens, overview of peripheral blood and bone marrow assessment, easy bleeding and bruising, palliative care approaches, diagnosing and managing acute thrombocytopenia, CLL, cell therapy, common CBC abnormalities, the pathway to cure multiple myeloma, and pediatric sickle cell care for the general physician. This wide range of current, high-interest topics for all osteopathic physicians and medical students will help inform clinical practices, increase awareness, and educate patients.

## Internal Medicine

The **American College of Osteopathic Internists (ACOI)** will have sessions on cardiology, palliative care, geriatric medicine, pulmonary medicine, endocrinology, infectious disease, nephrology, allergy medicine, oncology, rheumatology, artificial intelligence (AI) in medicine, and gastroenterology. Educational sessions will include updating physicians on new inflammatory disease medications, learning how to treat patients without a GLP-1 prescription, discussing how to deal with difficult end-of-life nutrition issues, introducing AI tools and future applications for physicians, and more. ACOI is very excited to be able to provide virtual internal medicine CME during OMED25!

## Obstetrics/Gynecology

The **American College of Osteopathic Obstetricians and Gynecologists (ACOOG)** will address common and uncommon health issues unique to women and physicians from multiple specialties that provide women's healthcare. Participants will gain a comprehensive insight into relevant medical problems and a fundamental approach to addressing and improving common health concerns.

## Orthopedics

The **American Osteopathic Academy of Orthopedics (AOAO)** will address musculoskeletal issues commonly encountered by primary care physicians, general surgeons, and orthopedic surgeons. In addition, educational sessions will cover topics such as pediatric orthopedics, women's health, sports medicine, and common foot and ankle conditions.

## Pathology

The **American Osteopathic College of Pathologists (AOCP)** is proud to provide educational courses to the virtual OMED25 platform. All AOCP CME activities are planned by a committee comprised of AOA Board-Certified Osteopathic Pathologists. The AOCP will provide a diversified CME program focusing on the art and science of Pathology. Information will be presented through lectures. Join the AOCP sessions and update your knowledge on topics ranging from pearls in pathology, updates in appendiceal pathology, laboratory utilization, vulvar dermatosis, and many more. As a result of attending these activities, physicians will gain a better knowledge of pathology in many forms.

## Radiology

The **American Osteopathic College of Radiology (AOCR)** will provide educational content across high-interest topics of interest to the general radiologist. In addition, this program will facilitate interdisciplinary collaboration with other medical specialties.

## Surgery

The **American College of Osteopathic Surgeons (ACOS)** presents a dynamic virtual track exploring contemporary surgical challenges and innovations—from acute care and hernia repair to obesity pharmacotherapy and rural endoscopy—emphasizing evidence-based practice, minimally invasive techniques, and osteopathic principles of holistic, patient-centered care.

**OMED25 On Demand is available September 28 through December 31. In-person attendees receive complimentary access to OMED25 On Demand.**

**Can't attend in person? Be sure to register for OMED25 On Demand to earn up to 50 hours of CME.**

## Resident Track

### Friday, September 26

The AOA will offer dedicated programming for residents, focused on topics relevant to this stage of their careers. Sessions will reflect on life beyond clinical and academic work, with opportunities to connect with peers and leaders in the osteopathic community. Content is designed to help learners balance the demands of training while preparing for a smooth transition out of residency and into the next phase of their careers. Residents are also encouraged to attend select sessions from the New Physician Track, taking place on Saturday, September 27, covering essential “business of medicine” topics such as contract negotiation, board certification, billing and coding, and employment models.

## » New Physician in Practice Track

### Saturday, September 27

The AOA and the Bureau of Emerging Leaders present an educational track offering practical guidance for early-career physicians transitioning out of training and into practice. Designed specifically for new physicians, the track includes sessions covering essential business of medicine topics such as billing and coding, contract negotiation, board certification, and employment models.

The track highlights the value of mentorship and ways to get involved in leadership and advocacy. First-time new physician in practice attendees who register using the designated New Physician Track code will be matched with a mentor for the day, beginning with a breakfast meet-and-greet and concluding with roundtable discussions to encourage meaningful connection and ongoing professional growth. Attendees will leave with actionable insights, valuable connections, and greater confidence to navigate the early stages of their career. New Physician Track sessions are open to all registered attendees of OMED.

## Student Track

### Saturday, September 27, and Sunday, September 28

All osteopathic medical students are encouraged to attend the OMED25 Student Track kicking off on Saturday, September 27. The content for this track, which has been carefully curated by the Student Osteopathic Medical Association (SOMA), will focus on supplementing the knowledge provided by the Colleges of Osteopathic Medicine and aims to enhance opportunities for osteopathic medical students to match into their residencies of choice. New this year – we are hosting a Residency Fair on Saturday morning leading into the always popular Specialty Mentor Café. All osteopathic medical students are welcome!

## OMED25 AOA Poster Session and Student Poster Competition

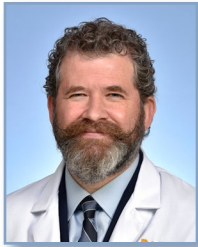
The AOA Bureau of Osteopathic Research and Public Health holds its Research Poster Session and Student Poster Competition annually during OMED. The Research Poster Session allows investigators to disseminate their research to a broader osteopathic audience. After a competitive Call for Research Abstracts, abstracts are selected for presentation in poster format. Students whose research projects are selected can elect to participate in the Student Poster Competition. During this competition, student researchers present their research projects to teams of judges in a live, virtual format. Cash prizes are awarded to the nine top-scoring presenters. Accepted abstracts are published in The Journal of Osteopathic Medicine.

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Day	Time	Room	Title	Speaker	CME Credit
<b>9/25/25</b>	11 a.m.-12 p.m.	104 CDE	Infectious Complications of Substance Use: Endemic Epidemics and Syndemics	Hunter Spencer, DO	1
	12-1 p.m.	104 CDE	Buprenorphine 20 Years After Approval – The Efficacy and Safety	Stephen Wyatt, DO	1.5
	1-2 p.m.	104 CDE	MATTERS: A Bold New Model Revolutionizing Harm Reduction and Treatment Access for SUD	Joshua Lynch, DO	1
	2-3 p.m.	104 CDE	A Day in the Life	Jan Widerman, DO	1
	3-4 p.m.	104 CDE	Artificial Intelligence (AI) and Addiction Medicine – Promises and Perils	R. Gregory Lande, DO Amy Miles, DO	1
	4-5 p.m.	104 CDE	Substance Use Disorders in the Neurodiverse Population	Anthony Dekker, DO	1
<b>9/26/25</b>	10-11 a.m.	104 CDE	Bridging the Science of SUD/MH – Neurocognitive Assessment and Neurorestorative Care	Barbara Krantz, DO	0.75
	11 a.m.-12 p.m.	104 CDE	A Comprehensive Approach to Behavioral Assessments	Jason Kirby, DO, MBA, DFASAM	1
	1:30-2:30 p.m.	104 CDE	Treatment of Healthcare Professionals: "Healing the Healers"	Michael McCormick, DO	1
	2:30-3:30 p.m.	104 CDE	From Depression to Dementia: The Ever-Expanding Applications of Transcranial Magnetic Stimulation (TMS)	Antonello Bonci, MD	1
	3:30-4:30 p.m.	104 CDE	Use of GLP-1 RA in Treatment of SUD	Steven Klein, MD, PhD	0.25
<b>9/27/25</b>	9-10 a.m.	104 CDE	Addressing Hepatic Co-Morbidity in Concert With SUD Treatment	Ray Bobb, DO	1
	10-11 a.m.	104 CDE	Substance Use Disorder Treatment in the LGBTQ+ Population: Building Affirming and Effective Care Models	Steven Klein, MD, PhD	0.25
	11 a.m.-12 p.m.	104 CDE	Overview and Treatment of Substance Use Disorders in the OB Population	Juan Franco, MD, FACOG	1
	1:30-2:30 p.m.	104 CDE	When Clinical Judgment and Regulation Collide	Christine Khandelwal, DO, MHPE, FAAFP, FAAHPM Barbara Walker, DO	1
	2:30-4 p.m.	104 CDE	Doc, Can I Get a Brain Transplant? A Bio-Psycho-Social-Spiritual Overview of Addiction and Cutting-Edge Neuromodulation Research	James Berry, DO	2

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# »» American Osteopathic Academy of Addiction Medicine (AOAAM)



*James Berry, DO*



*Ray Bobb, DO*



*Antonello Bonci, MD*



*Anthony Dekker, DO*



*Juan Franco, MD,  
FACOG*



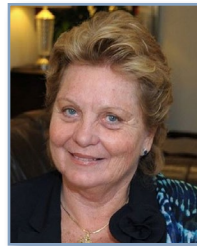
*Christine Khandelwal,  
DO, MHPE, FAAFP,  
FAAHPM*



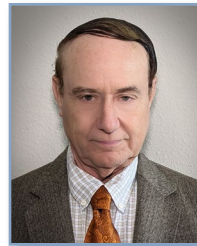
*Jason Kirby, DO,  
MBA, DFASAM*



*Steven Klein, MD, PhD*



*Barbara Krantz, DO*



*R. Gregory Lande, DO*



*Joshua Lynch, DO*



*Michael McCormick, DO*



*Amy Miles, DO*



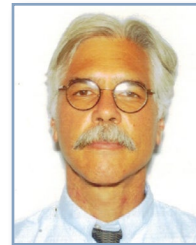
*Hunter Spencer, DO*



*Barbara Walker, DO*



*Jan Widerman, DO*



*Stephen Wyatt, DO*

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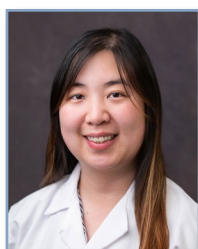
# » American Osteopathic College of Allergy and Immunology (AOCAI)



Day	Time	Room	Title	Speaker	CME Credit
9/26/25	10-11 a.m.	204	Update on Vaccination Recommendations, Advisory Committee on Immunization Practices (ACIP), 2025	Massoud Mahmoudi, DO, PhD	
	11 a.m.-12 p.m.	204	Anaphylaxis	Robert Hostoffer, DO	0.75
	12-12:30 p.m.	204	Q&A Session	Massoud Mahmoudi, DO, PhD Robert Hostoffer, DO	0.5
	1:30-2:30 p.m.	204	Approaches to Contact Dermatitis	Marija Rowane, DO	
	2:30-3:30 p.m.	204	Precision Approaches to Venom Hypersensitivity	Anna Rothstein, MD	
	3:30-4:30 p.m.	204	Precision Approach to Asthma Treatment	Sherri Li, DO	0.75



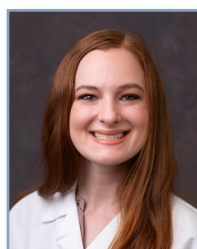
Robert Hostoffer, DO



Sherri Li, DO



Massoud Mahmoudi, DO, PhD



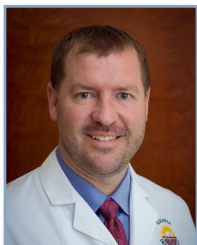
Anna Rothstein, MD



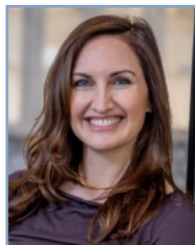
Marija Rowane, DO

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Day	Time	Room	Title	Speaker	CME Credit
9/27/25	9-10 a.m.	202 BC	Small Patients, Big Insights: Pediatric Dermatology Literature Review	Shane Swink, DO, FAOCD	1
	10-11 a.m.	202 BC	Allergic Contact Dermatitis to Hair Products	Peter Saitta, DO, FAOCD	1
	11 a.m.-12 p.m.	202 BC	Rural Dermatology	David W. Cleaver, DO, FAOCD	1
	1:30-2:30 p.m.	202 BC	Treatments for Skin of Color	Lacey Walls, DO, FAOCD	0.75
	2:30-3:30 p.m.	202 BC	Osteopathic History in Dermatology	Jason Haxton, MA, DO (Hon.)	1
9/28/25	9-10 a.m.	202 BC	Updates on Medical Dermatology: Fighting Chronic Inflammation	Francisca Kartono, DO, FAOCD	1
	10-11 a.m.	202 BC	Skin Care and Conditions: Facts or Fiction	Kristi B. Hawley, DO, FAAD	1
	11 a.m.-12 p.m.	202 BC	Don't-Miss Dermatology	Jerome Obed, DO, FAOCD, FAAD	0.75



David W. Cleaver,  
DO, FAOCD



Kristi B. Hawley,  
DO, FAAD



Jason Haxton,  
MA, DO (Hon.)



Francisca Kartono,  
DO, FAOCD



Jerome Obed, DO,  
FAOCD, FAAD



Peter Saitta,  
DO, FAOCD



Shane Swink,  
DO, FAOCD



Lacey Walls,  
DO, FAOCD

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Day	Time	Room	Title	Speaker	CME Credit
9/25/25	11-11:30 a.m.	209 ABC	When the Pump is Broken – Cardiogenic Shock in the ED	Drew Kalnow, DO	0.5
	11:30 a.m.-12 p.m.	209 ABC	Just Breathe	John Casey, DO, MA, FACOEP-D, FACEP	0.5
	1-2 p.m.	209 ABC	EM Over Easy Live Show	Tanner Gronowski, DO Drew Kalnow, DO Andy Little, DO John Casey, DO, MA, FACOEP-D, FACEP	1
	2-2:30 p.m.	209 ABC	Cases from the Bouncebacks! Files: A Medical and Legal Orthopedic Odyssey	Mike Weinstock, MD	0.5
	2:30-3 p.m.	209 ABC	Beyond the Usual: New Tools and Treatments in Acute Neurologic Care	Karen Greenberg, DO, FACOEP-D, FAAEM, FAHA	0.5
	3-3:30 p.m.	209 ABC	Cases from the Bouncebacks! Files: A Medical and Legal Cardiology Odyssey	Mike Weinstock, MD	0.5
	3:30-4 p.m.	209 ABC	Beyond the Golden Hour: Stroke Care in 2025	Karen Greenberg, DO, FACOEP-D, FAAEM, FAHA	0.5
	4-4:30 p.m.	209 ABC	Cases from the Bouncebacks! Files: A Medical and Legal Infectious Odyssey	Mike Weinstock, MD	0.5
	4:30-5 p.m.	209 ABC	EM Updates: Part I	Andy Little, DO	0.5

Day	Time	Room	Title	Speaker	CME Credit
9/26/25	10-10:30 a.m.	209 ABC	Obesity and the ABCDEs of Emergency Care	Mary McLean, MD	0.5
	10:30-11 a.m.	209 ABC	Evolving DKA Management in the Emergency Department	Christopher Colbert, DO	
	11-11:30 a.m.	209 ABC	Pelvic Exam 2025: Lesser-Known High-Yield Tips and Tricks	Mary McLean, MD	0.5
	11:30 a.m.-12 p.m.	209 ABC	EM Updates: Part II	Andy Little, DO	0.5
	12-12:30 p.m.	209 ABC	Women's Health, History, and Society: The Pelvic Exam and Why We're Not Doing It	Mary McLean, MD	0.5
	1:30-2 p.m.	209 ABC	Agitation and Bias: Reframing Hyperactive Delirium as a Medical Emergency	Shayne Gue, MD, MSMEd, FACEP, FAAEM	0.5
	2-2:30 p.m.	209 ABC	Procedure Tips and Tricks I – LPs and GI Bleeds	Jessica Mason, MD	
	2:30-3 p.m.	209 ABC	Thyroid on Fire Navigating Storms in the ED	Christopher Colbert, DO	
	3-3:30 p.m.	209 ABC	Procedure Tips and Tricks II – Eyes and Ears	Jessica Mason, MD	
	3:30-4 p.m.	209 ABC	Chemical Takedowns: Pharmacologic Strategies for the Acute Agitated Patient	Shayne Gue, MD, MSMEd, FACEP, FAAEM	0.5
	4-4:30 p.m.	209 ABC	The Rash Returns	Christopher Colbert, DO	
	4:30-5 p.m.	209 ABC	Weight Loss and Woes: GLP-1 Receptor Agonists and Their Emergency Complications	Shayne Gue, MD, MSMEd, FACEP, FAAEM	0.5

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# » American College of Osteopathic Emergency Physicians (ACOEP)



*John Casey, DO, MA,  
FACOEP-D, FACEP*



*Christopher Colbert, DO*



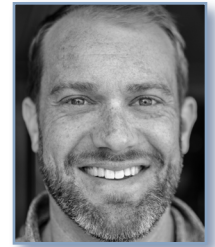
*Karen Greenberg,  
DO, FACOEP-D,  
FAAEM, FAHA*



*Tanner Gronowski, DO*



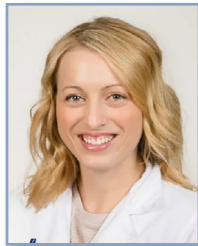
*Shayne Gue,  
MD, MSMEd,  
FACEP, FAAEM*



*Drew Kalnow, DO*



*Andy Little, DO*



*Jessica Mason, MD*



*Mary McLean, MD*



*Mike Weinstock, MD*

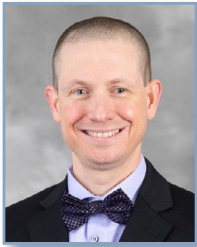
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Day	Time	Room	Title	Speaker	CME Credit
<b>9/25/25</b>	11 a.m.-12:30 p.m.	103 ABC	The Law, Ethics, and Psychiatry	Dawit Amare, DO, MA, MPH Alex Sher, DO, MSN, APRN-BC Matthew Thornburg, DO	1
	12-1 p.m.	Ballroom A2	Virtual Reality in Medicine		
	1-2 p.m.	Ballroom A2	Integrating AI-Assisted Diagnostics into Osteopathic Clinical Practice	Milan Toma, PhD, SMIEEE	
	2-3 p.m.	Ballroom A2	Transforming Medical Education With AI: Content, Lectures, and Assignments – A “See One, Do One” Guide for Medical Educators	Sarah Wolff, DO, FACOFP	
	3-4 p.m.	Ballroom A2	Non-Verbal Communication for Diagnostic Excellence	Jeffrey Newswanger, DO	
	4-5 p.m.	Ballroom A2	Healing the Healers: Evidence-Based Stress Management for Osteopathic Physicians	David Park, DO, FAAFP, FACOFP ( <i>dist.</i> )	
<b>9/26/25</b>	9:30-10 a.m.	Ballroom A2	OMT for the Seated Patient: Practical Strategies for Clinical Practice	Kenneth A. Zaremski, DO	
	10-11 a.m.	Ballroom A2	Beyond Anticoagulation: Supporting VTE Patients Across the Care Spectrum	Katherine Lincoln, DO	
	11 a.m.-12 p.m.	Ballroom A2	Pneumococcal Vaccine Update	Dale Bratzler, DO, MPH, MACOI, FIDSA	
	12-12:30 p.m.	Ballroom A2	Diagnostic Imaging for Muscle Injury	Warren A. Bodine, DO, CAQSM, FAOASM, FAMSSM, FAAFP	
	1:30-2:30 p.m.	Ballroom A2	Less is More: The Promise of Weekly Insulin in Type 2 Diabetes: Trials, Trends, and Tackling Inertia	Gilbert Reynolds	
	2:30-4:30 p.m.	Ballroom A2	A DO, a PharmD, and a Physical Therapist Walked into a Room: Case Discussion in Complex Cases in Chronic Pain Management	Robert Agnello, DO, MHPE, FACOFP, FAAFP Meghan Harmon, PharmD, BCPS Jamie Clapp, PT, DPT, OCS	
	4:30-5:30 p.m.	Ballroom A2	Proper Diagnostic Evaluation of ADHD in Children and Adolescents	Ranelle Bracy-Lewis, DO	

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Day	Time	Room	Title	Speaker	CME Credit
<b>9/27/25</b>	9-10 a.m.	Ballroom A2	What's New With Adult Vaccine Recommendations	Stanley Grogg, DO	
	10-11 a.m.	Ballroom A2	POP2: Policy, Private Equity, and Public Health	Jacqueline Watson, DO, MBA	
	11 a.m.-12 p.m.	Ballroom A2	Medical Assessment of Adults With Obesity	Isabela Romao, MD	
	11:45 a.m.-12:30 p.m.	101 CDE	Supporting Autistic Children and Their Families in Primary Care	Brittany Perry, DO	
	1:30-2:30 p.m.	Ballroom A2	Role of Energy Balance in Athletic Health and Performance	Priscilla Tu, DO, FAOASM, FACOFP	
	2:30-3:30 p.m.	Ballroom A2	From Load to Recovery: Managing Shoulder Injuries in Overhead Athletes	Stephen Henry, DO, MS	
	3:30-4 p.m.	Ballroom A2	Gut Motility	Ian Storch, DO	
<b>9/28/25</b>	9-11 a.m.	Ballroom A1	The Use of Osteopathic Manual Medicine for Persons With Disabilities	Ava Stanczak, DO	
	11 a.m.-12 p.m.	101 CDE	Osteopathic Manipulative Treatment for the Pediatric Athlete	Kate E. Quinn, DO, FAOASM	

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Robert Agnello, DO, MHPE, FACOFP, FAAFP



Dawit Amare, DO, MA, MPH



Warren A. Bodine, DO, CAQSM, FAOASM, FAMSSM, FAAFP



Ranelle Bracy-Lewis, DO



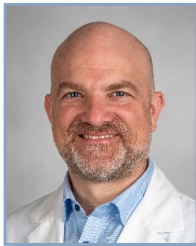
Stanley Grogg, DO



Meghan Harmon, PharmD, BCPS



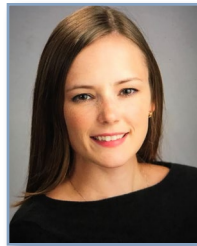
Stephen Henry, DO, MS



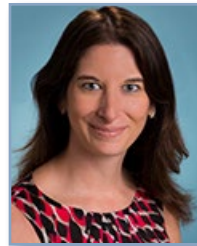
Jeffrey Newswanger, DO



David Park, DO, FAAFP, FACOFP (dist.)



Brittany Perry, DO



Kate E. Quinn, DO, FAOASM



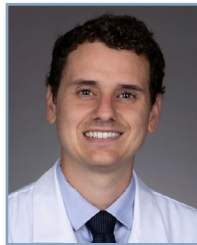
Alex Sher, DO, MSN, APRN-BC



Ava Stanczak, DO



Ian Storch, DO



Matthew Thornburg, DO



Milan Toma, PhD, SMIEEE



Priscilla Tu, DO, FAOASM, FACOFP



Jacqueline Watson, DO, MBA



Sarah Wolff, DO, FACOFP

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Day	Time	Room	Title	Speaker	CME Credit
9/26/25	10-11 a.m.	208 A	C'ing the Evidence in COPD: A Practical Approach to the Outpatient Visit	Andrew Buelt, DO	



Andrew Buelt, DO

## Join the OMED Walking Challenge!

Show off your competitive spirit and stay active with your peers from Thursday, Sept. 25, through Sunday, Sept. 28. Climb the Challenge Leaderboard and earn your chance to win some fantastic prizes!

### Prizes:

- 50K+ Steps:** Enter to win a \$300 gift card (1 winner)
- 40-49K Steps:** Enter to win a \$200 gift card (1 winner)
- 30-39K Steps:** Enter to win a \$100 gift card (1 winner)
- 20-29K Steps:** Enter to win a \$50 gift card (1 winner)



**OMED<sup>®</sup>25**  
**Osteopathic harmony**  
 Aligning leadership, education & patient care  
 Sept. 25-28 • Nashville, TN

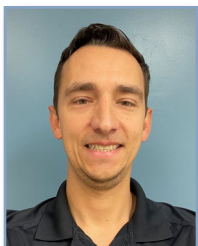
### How to Join:

1. Download the Heka Well app.
2. Select "OMED Wellness."



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Day	Time	Room	Title	Speaker	CME Credit
<b>9/26/25</b>	9:30-10:30 a.m.	105	Prolonged Field Care in Austere Environments	Maj. Matt Esposito, DO, MPH	
	10:30-11:30 a.m.	105	Casualty Care in Distributed Maritime Operations	Capt. (USN) Matthew Tadlock	
	11:30 a.m.-12:30 p.m.	105	What's Up Doc? The Role of the Medical Officer Within Army Operational Units	Col. (Army) Ezella Washington, DO	
	1:30-2:30 p.m.	105	Military Civilian Medical Lessons Learned in Recent Conflicts	Col. (Army) Jason Radowsky, MD	
	2:30-3:30 p.m.	105	Coming Home: Large Scale Conflict Casualty Care Reception... Military, VA, and Civilian Integration	Lt. Gen. (USAF, ret.) Douglas Robb, DO, MPH, MS	
	3:30-4:30 p.m.	105	Lessons Learned in Mogadishu	Maj. Gen. (Army, ret.) Philip Volpe, DO	
<b>9/27/25</b>	9:45-10:45 a.m.	105	Lifestyle Medicine: Sustaining Warfighter Health and Readiness	Maj. (USAF, ret.) Regan Stiegman, DO, MPH, FACLM	
	11 a.m.-12 p.m.	105	Holistic Health and Fitness (H2F): Maximizing Army Soldier Performance	Maj. (Army) Dallin Thomas, DO	
	1-2 p.m.	105	Optimizing Human Performance in the Military: Consortium for Health and Military Performance	Lt. Gen. (USAF, ret.) Douglas Robb, DO, MPH, MS	
	2-3 p.m.	105	Warrior Heat and Exertion Related Events Collaborative	Coming Soon!	
	3-4 p.m.	105	OMT for the Warfighter: On Land, Sea, and Air!	Col. (Army) Natalie Nevins, DO	



Maj. Matt Esposito,  
DO, MPH



Col. (Army) Natalie  
Nevins, DO



Lt. Gen. (USAF, ret.)  
Douglas Robb,  
DO, MPH, MS



Maj. (USAF, ret.)  
Regan Stiegman,  
DO, MPH, FACLM



Maj. Gen. (Army, ret.)  
Philip Volpe, DO

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# American College Of Osteopathic Neurologists and Psychiatrists (ACONP)



Day	Time	Room	Title	Speaker	CME Credit
9/25/25	11 a.m.-12:30 p.m.	103 ABC	The Law, Ethics, and Psychiatry	Dawit Amare, DO, MA, MPH Alex Sher, DO, MSN, APRN-BC Matthew Thornburg, DO	1
	1:30-2:30 p.m.	103 ABC	Neurological Complications of CNS Lymphoma	Richard Lukose, DO, MSc, AQH	1
	2:30-3:30 p.m.	103 ABC	Counseling Older Drivers, Tough Conversations	Ryan Lynch, DO, MEd, FACN	1
	3:30-4:30 p.m.	103 ABC	Infections of the Peripheral Nervous System: Case Report and Clinical Review	Anne M. Pawlak-Simpson, DO, D.FACN, FAAN David A. Simpson, DO, D.FACN, FAANEM, FAAN	1
9/26/25	10-11:15 a.m.	103 ABC	The Role of Guanfacine for Adult ADHD	Andrea Belovich, PhD John Edge, OMS III Teodor Huzij, DO, FACN	0.75
	11:15 a.m.-12:30 p.m.	103 ABC	Dizziness, Vertigo, and Syncope	Ryan Lynch, DO, MEd, FACN	1.25
	1:30-2:30 p.m.	103 ABC	The Interplay Computer, Workflow, PT, and Doctor	Sharon Merryman, DO, FACN	1
	2:30-3:30 p.m.	103 ABC	Autoimmune Encephalitis: Clinical Challenges and Management in Pediatric Patients	Randall Kenneth Ricardi, DO	1.25
	3:30-4:30 p.m.	103 ABC	Leprosy-Fear, Isolation, Banishment, and Abandonment: Hawaii Dark History	Anne M. Pawlak-Simpson, DO, D.FACN, FAAN David A. Simpson, DO, D.FACN, FAANEM, FAAN	1.5

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# American College Of Osteopathic Neurologists and Psychiatrists (ACONP)



Day	Time	Room	Title	Speaker	CME Credit
<b>9/27/25</b>	9-10 a.m.	103 ABC	Beyond the Beat: Advanced Cardiac Monitoring to Prevent Stroke Recurrence	Suzanne Crandall, DO, FACN	1
	10-11 a.m.	103 ABC	The Silent Epidemic: Addressing Loneliness and Social Isolation in the Aging Population – Transforming Awareness into Action in Clinical Practice	Vicki Bryant-Harris, DO	1.25
	11-11:45 a.m.	103 ABC	Madness or Brilliance? Creativity in Mental Illness	Deborah Wagenaar, DO, MS	1
	11:45 a.m.-12:30 p.m.	103 ABC	Muscarinic Agonists in Schizophrenia and Managing Co-Morbid Medical Conditions	Todd Jamrose, DO, FACN	1
	1:30-2:30 p.m.	103 ABC	Parkinson’s Disease: Back to Basics	Rebecca Tat, DO Sarah Whittingham, MD	1
	2:30-3:30 p.m.	103 ABC	Alzheimer’s Disease Treatment Updates	K. Doug Pugar, DO	1.25
	3:30-4:30 p.m.	103 ABC	Central Nervous System Lyme Disease Case Presentation and Review	Anthony Emmer, DO, FACN	0.5
<b>9/28/25</b>	9-10 a.m.	103 ABC	Update on Status Epilepticus Diagnosis and Management	Olga Selioutski, DO, FACN	1
	10-11 a.m.	103 ABC	Blinded by Immunity: A Review of Neuromyelitis Optica Spectrum Disorder (NMOSD)	Carl Hoegerl, DO, MSc, MBA, MSIT, FACP	1

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# » American College Of Osteopathic Neurologists and Psychiatrists (ACONP)



*Dawit Amare,  
DO, MA, MPH*



*Andrea Belovich, PhD*



*Vicki Bryant-Harris, DO*



*Suzanne Crandall,  
DO, FACN*



*John Edge, OMS III*



*Anthony Emmer,  
DO, FACN*



*Carl Hoegerl, DO,  
MSc, MBA, MSIT, FACP*



*Teodor Huzij,  
DO, FACN*



*Todd Jamrose,  
DO, FACN*



*Richard Lukose,  
DO, MSc, AQH*



*Ryan Lynch,  
DO, MSEd, FACN*



*Sharon Merryman,  
DO, FACN*



*Anne M. Pawlak-Simpson, DO,  
D.FACN, FAAN*



*K. Doug Pugar, DO*



*Randall Kenneth  
Ricardi, DO*



*Olga Seljoutski,  
DO, FACN*



*Alex Sher, DO,  
MSN, APRN-BC*



*David A. Simpson,  
DO, D.FACN,  
FAANEM, FAAN*



*Rebecca Tat, DO*



*Matthew Thornburg, DO*



*Deborah Wagenaar,  
DO, MS*



*Sarah Whittingham, MD*

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# American Osteopathic College of Occupational and Preventive Medicine (AOCOPM)



Day	Time	Room	Title	Speaker	CME Credit
9/25/25	4-5 p.m.	102 AB	FMCSA Update – 2025	Charles L. Werntz III, DO, MPH, FAOCOPM	0.75
9/26/25	10-11 a.m.	102 AB	The Future of Medicine and Surgery in Space	Serena Auñón-Chancellor, MD, MPH	1
	11 a.m.-12:30 p.m.	102 AB	TBIs and ADA	Philip Eskew, DO, JD, FAOCOPM	1
	1:30-2:20 p.m.	102 AB	Cyanide: Take Your “Breath” Away	Stanley Miller, DO	1
	2:20-3:10 p.m.	102 AB	You’re the Flight Surgeon – COVID Edition	Ronak Shah, DO, MBA, MPH	1
	3:10-4:10 p.m.	102 AB	FAA Medication Approval Process	Vinh “Vickie” Kieu, Pharm	0.75
	4:10-5 p.m.	102 AB	The Future of Medicine: How Peptides Are Changing Healthcare	Jenny Pflieghaar, DO	
9/27/25	9-9:45 a.m.	102 AB	From Silica to Smoke: A Modern Look at Occupational Lung Disease	Stella Hines, MD	
	9:45-10:45 a.m.	105	Lifestyle Medicine: Sustaining Warfighter Health and Readiness	Maj. (USAF, ret.) Regan Stiegmann, DO, MPH, FACLM	
	10:45-11:30 a.m.	102 AB	Recalibrating Normal: Race-Neutral Spirometry and Its Impact on Occupational Health and Disability Assessment	Stella Hines, MD	0.5
	11:30 a.m.-12:30 p.m.	102 AB	Gambling Disorder and the Law	Stacey Ann Tovino, PhD, JD	1
	1:30-2:15 p.m.	102 AB	Frontiers in Psychedelic-Assisted Therapies	Brian Pinkston, MD	1.5
	2:15-3 p.m.	102 AB	Flight Paths to Neuroplasticity: Non-Pharmacological Therapies for Mental Health	Cheryl Lowry, MD	1.25
	3-4 p.m.	102 AB	Response to Community Disaster After EF4 Tornado	Elizabeth Johnson-Bailey, PA	

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# » American Osteopathic College of Occupational and Preventive Medicine (AOCOPM)



Day	Time	Room	Title	Speaker	CME Credit
9/28/25	9-10 a.m.	102 AB	Immigration Physicals	Gregory Schwaid, DO, MPH, FAOCOPM	1
	10-11 a.m.	102 AB	Heart Health and Peak Performance: Optimizing Cardiovascular Risks for America's Heroes	Eddie Davenport, MD	
	11 a.m.-12 p.m.	102 AB	Pre-Travel Consultation and Travel-Related Vaccinations	Heather Williamson, DO	



*Serena Auñón-Chancellor, MD, MPH*



*Eddie Davenport, MD*



*Philip Eskew, DO, JD, FAOCOPM*



*Stella Hines, MD*



*Elizabeth Johnson-Bailey, PA*



*Vinh "Vickie" kieu, Pharm*



*Cheryl Lowry, MD*



*Stanley Miller, DO*



*Jenny Pflieger, DO*



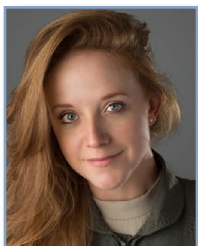
*Brian Pinkston, MD*



*Gregory Schwaid, DO, MPH, FAOCOPM*



*Ronak Shah, DO, MBA, MPH*



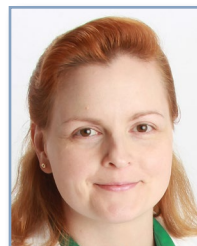
*Maj. (USAF, ret.) Regan Stiegman, DO, MPH, FAOLM*



*Stacey Ann Tovino, PhD, JD*



*Charles L. Werntz III, DO, MPH, FAOCOPM*



*Heather Williamson, DO*

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Day	Time	Room	Title	Speaker	CME Credit
<b>9/25/25</b>	11 a.m.-12 p.m.	Ballroom A1	OMT Augmentation of COVID-19 mRNA Vaccination	Brian Loveless, DO	
	1-5 p.m.	Ballroom A1	Auricular Acupuncture: Drug Free Approach to Pain, Anxiety, PTSD, and More	Paul Langevin, DO	
<b>9/26/25</b>	10-11 a.m.	Ballroom A1	Diagnosis and Management of Tendinopathy	John Morasso, DO	
	11 a.m.-12:30 p.m.	Ballroom A1	Blending Palpation and Intro to Sequencing by AGR – Extremities	Jennifer Kingery, DO	
	1:30-2:30 p.m.	Ballroom A1	Lower Extremity Regional Screen: Sequencing by Area of Greatest Restriction	Yvonne Yang, DO	
	2:30-4:30 p.m.	Ballroom A1	LE Techniques: Chopart's Joint/ Foot, Direct Ankle/Foot	Charlie Beck, DO, FAAO	
	4:30-5:30 p.m.	Ballroom A1	Ribcage Mechanics and Its Significance to Somatic Dysfunctions	Jennifer Kingery, DO	
<b>9/27/25</b>	9-10 a.m.	Ballroom A1	UE Diagnostic Screening	Josh Dalton, DO	
	10-11:30 a.m.	Ballroom A1	Osteopathic Approaches to Upper Extremity Somatic Dysfunction	Derek Jones, DO	
	11:30 a.m.-12:30 p.m.	Ballroom A1	AAO Northup Lecture	Sheldon Yao, DO, FAAO	
	1:30-3 p.m.	Ballroom A1	Rock That Sacrum: Rapid Pelvis and Sacrum Techniques	Paula Archer, DO	
	3-4 p.m.	Ballroom A1	FDM for Neck/Shoulder Issues	Angela Lim, DO	
<b>9/28/25</b>	9-11 a.m.	Ballroom A1	The Use of Osteopathic Manual Medicine for Persons With Disabilities	Ava Stanczak, DO	
	11 a.m.-12 p.m.	Ballroom A1	Breast Implant Illness: Understanding the Unknown	Amber Gruber, DO	



*Paula Archer, DO*



*Charlie Beck,  
DO, FAAO*



*Josh Dalton, DO*



*Amber Gruber, DO*



*Derek Jones, DO*



*Jennifer Kingery, DO*



*Paul Langevin, DO*



*Angela Lim, DO*



*Brian Loveless, DO*



*John Morasso, DO*



*Ava Stanczak, DO*



*Yvonne Yang, DO*



*Sheldon Yao,  
DO, FAAO*

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Day	Time	Room	Title	Speaker	CME Credit
<b>9/25/25</b>	1-2:30 p.m.	101 CDE	Using the Still Technique for Pediatric Patients With Lab	Leslie Ching, DO	1.5
	2:30-3 p.m.	101 CDE	OMT – Osteopathic Medicine for the Performing Artist	Sajid Surve, DO	0.75
	3-4 p.m.	101 CDE	OMT – Osteopathic Medicine for the Performing Artist Lab	Sajid Surve, DO	1
	4-5 p.m.	101 CDE	OMT Aftercare and Stretching	David M. King, DO, FACOP	1
<b>9/26/25</b>	10-11 a.m.	101 CDE	Measles: A Facepalm Heard Around the World	Michael J. Bozzella, DO, MS	0.75
	11-11:45 a.m.	101 CDE	Vaccine Hesitancy: Getting the Horse to Drink	Michael J. Bozzella, DO, MS	0.75
	11:45 a.m.-12:30 p.m.	101 CDE	Tuberculosis	Timothy R. Sterling, MD	0.5
	2-3 p.m.	101 CDE	Dysphagia + Atopy: A Recipe for Eosinophilic Esophagitis	Gabriele Meyer, DO	1.25
	3-4 p.m.	101 CDE	Goodbye NAFLD, Hello Metabolic Dysfunction-Associated Steatotic Liver Disease (MASLD)	Gabriele Meyer, DO	1.5
	4-5 p.m.	101 CDE	Anti-Obesity Medication Management for the Pediatric Population	Tyree M.S. Winters, DO, FACOP, FAAP	



Day	Time	Room	Title	Speaker	CME Credit
<b>9/27/25</b>	9-10 a.m.	101 CDE	Basics of Bronchopulmonary Dysplasia for the Non-Neonatologist	Kathryn Berlin, DO	0.75
	10-10:45 a.m.	101 CDE	Building Better Care: A Pediatrician's Guide to the Execution of Practical Quality Improvement	Kathryn Berlin, DO	0.75
	10:45-11:45 a.m.	101 CDE	Autism Evaluations in Primary Care (Questions)	Brittany Perry, DO	1
	11:45 a.m.-12:30 p.m.	101 CDE	Supporting Autistic Children and Their Families in Primary Care	Brittany Perry, DO	0.75
	1:30-2:15 p.m.	101 CDE	Chemotherapy vs Immunotherapy	Kaille Meguiar, DO	0.75
	2:15-3 p.m.	101 CDE	Anemia 101	Kaille Meguiar, DO	0.75
	3-4 p.m.	101 CDE	Caring for Pediatric Cancer Survivors	Debra L. Friedman, MD, MS	0.5
<b>9/28/25</b>	9-9:45 a.m.	101 CDE	The Approach to Acne and Keratosis Pilaris	Aleta Simmons, MD	
	9:45-10:30 a.m.	101 CDE	Spot, Treat, Refer: Clinical Management of Pediatric Hemangiomas	Aleta Simmons, MD	
	10:30-11 a.m.	101 CDE	Autism Spectrum Disorder in the Pediatric Athlete	Warren A. Bodine, DO, CAQSM, FAOASM, FAMSSM, FAAFP	
	11 a.m.-12 p.m.	101 CDE	Osteopathic Manipulative Treatment for the Pediatric Athlete	Kate E. Quinn, DO, FAOASM	

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# » American College of Osteopathic Pediatricians (ACOP)



*Kathryn Berlin, DO*



*Warren A. Bodine, DO,  
CAQSM, FAOASM,  
FAMSSM, FAAFP*



*Michael J. Bozzella,  
DO, MS*



*Leslie Ching, DO*



*Debra L. Friedman,  
MD, MS*



*David M. King,  
DO, FACOP*



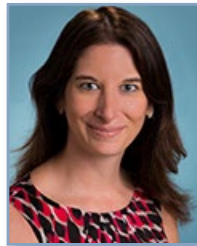
*Kaille Meguiar, DO*



*Gabriele Meyer, DO*



*Brittany Perry, DO*



*Kate E. Quinn,  
DO, FAOASM*



*Aleta Simmons, MD*



*Timothy R. Sterling, MD*



*Sajid Surve, DO*



*Tyree M.S. Winters,  
DO, FACOP, FAAFP*

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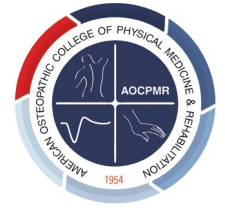
# American Osteopathic College Of Physical Medicine and Rehabilitation (AOCPMR)



Day	Time	Room	Title	Speaker	CME Credit
<b>9/26/25</b>	10-10:50 a.m.	106 ABC	Hidden Dysfunctions, Emerging Solutions: Cardiovascular Recovery After Spinal Cord Injury	Rahul Sachdeva, PhD	0.75
	10:50-11:40 a.m.	106 ABC	Cellular Therapy in PM&R	Shannon Strader, DO	0.75
	11:40 a.m.-12:30 p.m.	106 ABC	Artificial Intelligence in Clinical Documentation	Alethea Appavu, DO, MS	0.75
	2:30-3:30 p.m.	106 ABC	Choosing the Right Patient and Procedure for the Spine	Aaron Yang, MD	0.75
	3:30-4:30 p.m.	106 ABC	Ethical Issues in Rehabilitation Medicine/PM&R	J. Michael Wieting, DO	1
	4:30-5:30 p.m.	106 ABC	Are Steroids Effective for Low Back Pain?	D.J. Kennedy, MD	
<b>9/27/25</b>	9-10 a.m.	106 ABC	Sideline Preparedness – Recreational to Elite Athletes	Rance McClain, DO, FAOASM	
	10-11 a.m.	106 ABC	Minimizing Risk and Promoting Health and Safety in Youth Sport	Alex Diamond, DO	
	11-11:50 a.m.	106 ABC	Concussion Biomarkers in 2025: Where Are We Now in Research and Clinical Application	Dwan Perry, DO, CAQSM	0.75
	11:50 a.m.-12:30 p.m.	106 ABC	Neuroplastic Pain	Carrie Beall, DO	
	1:30-2:20 p.m.	106 ABC	COVID-19-Induced Guillain-Barre Syndrome: Review and Update	Joseph Brooks, DO Reid Walters, MS	0.5
	2:20-3:10 p.m.	106 ABC	Interventional Procedures for Peripheral Joint Pain	Phil Stephens, DO	
	3:10-4 p.m.	106 ABC	Beyond Steroids and Surgery: Regenerative and Minimally Invasive Therapies Shaping Spine Care	Richard Kim, DO	
<b>9/28/25</b>	9-11 a.m.	Ballroom A1	The Use of Osteopathic Manual Medicine for Persons With Disabilities	Ava Stanczak, DO	

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# American Osteopathic College Of Physical Medicine and Rehabilitation (AOCPMR)



*Alethea Appavu,  
DO, MS*



*Carrie Beall, DO*



*Joseph Brooks, DO*



*Alex Diamond, DO*



*D.J. Kennedy, MD*



*Richard Kim, DO*



*Rance McClain,  
DO, FAOASM*



*Dwan Perry, DO,  
CAQSM*



*Rahul Sachdeva, PhD*



*Phil Stephens, DO*



*Shannon Strader, DO*



*J. Michael Wieting, DO*



*Aaron Yang, MD*

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# >> American Osteopathic Association of Prolotherapy Regenerative Medicine (AOAPRM)



Day	Time	Room	Title	Speaker	CME Credit
<b>9/26/25</b>	10-11 a.m.	104 AB	Introduction to Prolotherapy	Arden Andersen, DO	1.25
	11 a.m.-12 p.m.	104 AB	Approach to the Knee from a Regenerative Perspective	Donna Alderman, DO	0.75
	2-3 p.m.	104 AB	Prolotherapy Treatment for the Shoulder	Brian Browning, DO	0.75
<b>9/27/25</b>	9:30-10:30 a.m.	104 AB	Prolotherapy for the Lumbar Spine	Sean Goddard, DO	1
	11 a.m.-12 p.m.	104 AB	Prolotherapy for the C-Spine and T-Spine	Walter Grote, DO	1
	2-3 p.m.	104 AB	Neural Therapy	Gerald Harris, DO	1



*Donna Alderman, DO*



*Arden Andersen, DO*



*Brian Browning, DO*



*Sean Goddard, DO*



*Walter Grote, DO*



*Gerald Harris, DO*

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Day	Time	Room	Title	Speaker	CME Credit
<b>9/26/25</b>	10-11 a.m.	Ballroom A1	Diagnosis and Management of Tendinopathy	John Morasso, DO	
	11:15-11:45 a.m.	101 AB	In-Season Treatment of Tendinopathy	Rob Franks, DO, FAOASM	0.5
	12-12:30 p.m.	Ballroom A2	Diagnostic Imaging for Muscle Injury	Warren A. Bodine, DO, CAQSM, FAOASM, FAMSSM, FAAFP	
	1:30-2:30 p.m.	101 AB	Utilizing Wearable Technology in Clinical Practice	Anne Marie Zeller, DO	
	2:30-3:30 p.m.	101 AB	Screen Your Athletes Like a Pro	Stacey Dault, DO	
	3:30-5 p.m.	101 AB	Reducing Healthcare Disparities and Fostering Inclusion in Sports Medicine and Healthcare – A Panel Discussion	Bradley Goldstein, DO, CAQSM Katina Beard Adell Harris Sarah Marvin Dwan Perry, DO, CAQSM Jessica Motley, DO, CAQSM	1.5
<b>9/27/25</b>	9-10 a.m.	106 ABC	Sideline Preparedness: From Recreational to Elite Athletes	Rance McClain, DO, FAOASM	0.75
	10-11 a.m.	106 ABC	Minimizing Risk and Promoting Health and Safety in Youth Sport	Alex Diamond, DO	
	11-11:50 a.m.	106 ABC	Concussion Biomarkers in 2025: Where Are We Now in Research and Clinical Application	Dwan Perry, DO, CAQSM	
	11:50 a.m.-12:30 p.m.	106 ABC	Neuroplastic Pain	Carrie Beall, DO	
	1:30-2:30 p.m.	Ballroom A2	Role of Energy Balance in Athletic Health and Performance	Priscilla Tu, DO, FAOASM, FACOFF	1
	2:30-3:30 p.m.	Ballroom A2	From Load to Recovery: Managing Shoulder Injuries in Overhead Athletes	Stephen Henry, DO, MS	
	3-4 p.m.	Ballroom A1	FDM for Neck/Shoulder Issues	Angela Lim, DO	

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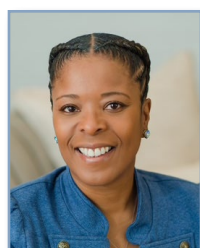
# » American Osteopathic Academy of Sports Medicine (AOASM)



Day	Time	Room	Title	Speaker	CME Credit
9/28/25	9-11 a.m.	Ballroom A1	The Use of Osteopathic Manual Medicine for Persons With Disabilities	Ava Stanczak, DO	
	10:30-11 a.m.	101 CDE	Autism Spectrum Disorder in the Pediatric Athlete	Warren A. Bodine, DO, CAQSM, FAOASM, FAMSSM, FAAFP	0.5
	11 a.m.-12 p.m.	101 CDE	Osteopathic Manipulative Treatment for the Pediatric Athlete	Kate E. Quinn, DO, FAOASM	1



Carrie Beall, DO



Katina Beard



Warren A. Bodine, DO, CAQSM, FAOASM, FAMSSM, FAAFP



Stacey Dault, DO



Alex Diamond, DO



Rob Franks, DO, FAOASM



Bradley Goldstein, DO, CAQSM



Adell Harris



Angela Lim, DO



Rance McClain, DO, FAOASM



John Morasso, DO



Jessica Motley, DO, CAQSM



Dwan Perry, DO, CAQSM



Kate E. Quinn, DO, FAOASM



Ava Stanczak, DO



Priscilla Tu, DO, FAOASM, FACOFP



Anne Marie Zeller, DO

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Day	Time	Room	Title	Speaker	CME Credit
9/27/25	9-10 a.m.	Davidson A2	Breakfast With Your Mentor		
	10-11 a.m.	Davidson A2	Career Transitions Panel	Joseph M. Kaczmarczyk, DO, MS, MPH, MBA, FACOOG Jennifer Kendall, DO Shannon C. Scott, DO, FACOFP Sarah Wolff, DO, FACOFP Emily K. Hurst, DO, FACOI Selena G. M. Raines, DO	
	11-11:45 a.m.	Davidson A2	AOA Board Certification Essentials: Understanding OCC for New Physicians	Furhut Raja Janssen, DO, D-FACN Deb Dupnik, CAE, CCSM-A	
	11:45 a.m.-12:30 p.m.	Davidson A2	Personal Finance Panel	Seger S. Morris, DO, MBA	
	1:30-2:30 p.m.	Davidson A2	Contract Negotiation	Kyle Claussen, JD Julie Kulovits, Esq.	
	2:30-2:45 p.m.	Davidson A2	Announcements		
	2:45-3:45 p.m.	Davidson A2	Roundtable Discussions		



Kyle Claussen, JD



Joseph M. Kaczmarczyk, DO, MS, MPH, MBA, FACOOG



Seger S. Morris, DO, MBA



Selena G. M. Raines, DO



Shannon C. Scott, DO, FACOFP



Sarah Wolff, DO, FACOFP

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Day	Time	Room	Title	Speaker
9/26/25	1:30-2 p.m.	208 AB	Still Bejeweled: Resiliency Tactics in Times of Crisis	Brianne Howerton, DO
	2-2:30 p.m.	208 AB	Health Literacy: Why It Matters to You as Much as to Your Patients	Janae Rasmussen, DO
	2:30-3 p.m.	208 AB	From Bedside to Policy: Integrating Advocacy into Residency Training	Syed Rizvi, DO
	3-3:15 p.m.	208 AB	The First Clue: How Compassion Heals Our Patients – and Ourselves	Ashna Khanna, DO
	3:15-3:45 p.m.	208 AB	Physician Retirement: What Every Osteopathic Medical Student, Resident, and Physician Needs to Know	Joseph M. Kaczmarczyk, DO, MS, MPH, MBA, FACOOG



Brianne Howerton, DO



Joseph M. Kaczmarczyk, DO, MS, MPH, MBA, FACOOG



Ashna Khanna, DO



Janae Rasmussen, DO



Syed Rizvi, DO

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Day	Time	Room	Title	Speaker
9/27/25	9-9:15 a.m.	207	The Albert Schweitzer Fellowship	
	9-9:30 a.m.	205 C	OMED Pre-Medical Student Welcome	Chethana Gallage Dona, OMS IV Idamys Saez Acosta, OMS III
	9:15-9:30 a.m.	207	AOA CBS Update	
	9:30-10:30 a.m.		Keynote Speech	
	10-10:15 a.m.	207	OBI-OPAC Student Advocacy	Annie Hoffman, OMS IV
	10:30 a.m.-12 p.m.	205 C	Admissions Panel	William King Valeri Brown Shannon E. McDowell John Nwafor Kelly DeWitt
	11 a.m.-12 p.m.	207	D.O. or Do Not – LIVE Podcast	Ian Storch, DO
	12:30-1:30 p.m.	Exhibit Hall	Lunch and Student Mentor Café	
	1:30-2:30 p.m.	205 A	ASH Bone Marrow Biopsy Clinical Skills Workshop	Andrew Picca, DO
	1:30-2:30 p.m.	207	MatchPal With Dr. Veyg	Daniel Veyg, DO
	2:30-3 p.m.	207	Difficult Conversations	Stephanie Koplitz, DO
	2:30-4 p.m.	205 B	OPP Workshop – Manual Medicine Techniques	Thomas J. Fotopoulos, DO

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Day	Time	Room	Title	Speaker
9/28/25	8-9 a.m.	205 C	Understanding Osteopathic Medicine: Whole-Person Approach	Pre-SOMA Committee Member(s)
	9-9:45 a.m.	207	Keynote Speech	Alexis Cates, DO
	9-10 a.m.	205 C	AACOMAS Application Presentation	Regina Bowman-Goldring
	9:45-10:30 a.m.	207	Clinical Documentation	Seager Morris, DO
	10-11 a.m.	205 C	The Various Paths to Medical School	Medical Student Panel
	11 a.m.-12:30 p.m.	205 C	Pre-Med With Purpose: MCAT, Mentorship, and Med School Applications	Rajat Goyal
	11:45 a.m.-12 p.m.	207	Closing Remarks	Joshua Connor, OMS IV
	12:30-12:45 p.m.	205 C	Pre-SOMA's Closing Address to Pre-Medical Students	Chethana Gallage Dona, OMS IV Idamys Saez Acosta, OMS III

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**Brain Health Monitoring Report: Adapting Multidisciplinary Care Models and Workflows to Meet the Needs of an Aging Population – Featuring Alireza Atri, MD, PhD, and Rhonna Shatz, DO**

**Friday, September 26 | 6-7:30 a.m. CT**

**Davidson B, Level 1M**

Registration and breakfast will be from 6:15 to 6:30 a.m. CT, and the symposium will begin at 6:30 a.m. CT.

This CME/MOC/NCPD/CPE/AAPA/APA/IPCE activity is provided by PVI, PeerView Institute for Medical Education.

The Council of OMED designates this activity for a maximum of 1.0 AOA Category 1-A Credit.

[PeerView.com/Nashville25-Live](https://www.peerview.com/Nashville25-Live)

This symposium is supported by a medical education grant from Lilly USA, LLC.



**Alireza Atri, MD, PhD**

Banner Alzheimer's & Research Institutes (Phoenix, Tucson, & Sun City, AZ)  
Banner Health  
Phoenix, Arizona  
Banner Sun Health Research Institute (Sun City, AZ)  
Brigham and Women's Hospital  
Harvard Medical School  
Boston, Massachusetts



**Rhonna Shatz, DO**

Sandy and Bob Heimann Chair in Research and Education of Alzheimer's Disease  
Director, Cognitive Disorders Clinic  
Department of Neurology and Rehabilitation  
University of Cincinnati  
Cincinnati, Ohio

**PeerView**

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## Zepbound<sup>®</sup> (tirzepatide) Injection – Featuring Jesse R. Richards, DO Friday, September 26 | 10:30-11:15 a.m. CT Exhibit Hall A

Join a presentation from one of your peers on the efficacy, safety, dosing, and administration of once-weekly Zepbound<sup>®</sup>. Learn how to get appropriate patients started on this treatment. Attendees will have the opportunity to ask questions at the conclusion of the program. Refreshments will be provided.

This program is sponsored by and the speaker is presenting on behalf of Lilly USA, LLC. It is presented consistent with FDA guidelines and is not approved for continuing education credit.

Please see Full Prescribing Information including Boxed Warning and Medication Guide at the product theater or on <https://zepbound.lilly.com>.

Zepbound<sup>®</sup> and its delivery device base are registered trademarks owned or licensed by Eli Lilly and Company, its subsidiaries, or affiliates.

**Jesse R. Richards, DO**, is the director of obesity medicine in the Department of Internal Medicine, School of Community Medicine, at the University of Oklahoma in Tulsa, Oklahoma, where he also serves as the associate resident program director. Dr. Richards earned his medical degree from Oklahoma State University in Tulsa. He completed a residency in internal medicine at the University of Kansas, Kansas City, Kansas. Dr. Richards is board certified in internal medicine and obesity medicine.



Dr. Richards is a Fellow of the American College of Physicians. He is also a member of the American Medical Association, the American Osteopathic Association, and the Obesity Medicine Association. Dr. Richards has presented at industry conferences, including the American Society for Metabolic and Bariatric Surgery Annual Meeting, and the Society of American Gastrointestinal and Endoscopic Surgeons Annual Meeting. Dr. Richards has also delivered presentations at The Obesity Society's ObesityWeek, including a 2023 key lecture on genetic and hypothalamic obesity.

He is the author of a book chapter on pharmacology, and his research has appeared in publications including Journal of the American Osteopathic Association (now Journal of Osteopathic Medicine), Obesity, and Obesity Pillars. Dr. Richards is the recipient of honors including the Outstanding Teacher Award and the Lifetime Learning Award from the School of Community Medicine at the University of Oklahoma.

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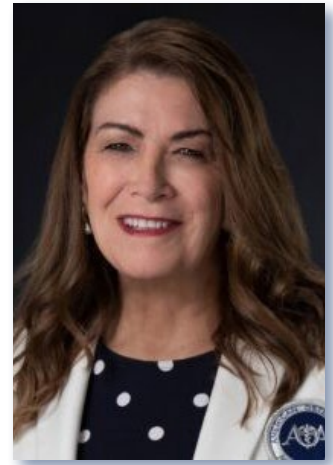


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## **Nonhormonal FDA-Approved Treatment for Moderate to Severe Vasomotor Symptoms Due to Menopause – Featuring Teresa A. Hubka, DO, FACOOG (dist.), FACOG, CS Friday, September 26 | 12:30-1:15 p.m. CT Exhibit Hall A**

In this session, we will review an FDA-approved treatment for moderate to severe vasomotor symptoms due to menopause, including indication, mechanism of action, and clinical safety and efficacy.

**Teresa A. Hubka, DO, FACOOG (dist.), FACOG, CS**, is a distinguished leader in osteopathic medicine, serving as the 128th President of the American Osteopathic Association. She holds degrees in biochemistry, nutrition science, biology, and clinical nutrition, along with an osteopathic medical degree. Dr. Hubka is dually board certified in obstetrics and gynecology and is recognized as a Distinguished Fellow of ACOOG and a Diplomat of ACOG.



Dr. Hubka founded Comprehensive Wellness Care, LLC, a women's health and reproductive care practice in Chicago, and has been in private practice since 1994. She has held academic roles as clinical professor and department chair at Midwestern University/Chicago College of Osteopathic Medicine, overseeing clerkships for osteopathic students and serving as an adjunct professor at DMU-COM. Dr. Hubka is also an active member of influential medical organizations, teaching life support in obstetrics at global conferences.

In addition to her clinical and academic achievements, Dr. Hubka has held leadership roles in several medical organizations, including ACOOG, AOF, IOMS, and DMU Alumni Association. She has been recognized as a "top doctor" by Chicago Magazine and received ACOOG's Distinguished Service Award. Dr. Hubka is an advocate for women's health and is committed to patient education and advancing osteopathic medicine.

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**Innovate, Educate, Empower: Reflections on New Frontiers in the Medical Learning Journey with Doctor Mike – Featuring Mikhail “Mike” Varshavski, DO, Alison Powell, Niall Johnston, and Lindsey Smith**  
**Saturday, September 27 | 10:30-11:15 a.m. CT**  
**Exhibit Hall A**

In today’s fast-evolving medical arena, osteopathic physicians, students, and health professionals face an overwhelming array of educational options to advance their training and stay at the forefront of innovation. Join Elsevier and board-certified family physician and media personality Dr. Mikhail Varshavski—better known as Doctor Mike—for an insightful fireside chat exploring the challenges and opportunities behind the surge of medical education content and cutting-edge learning platforms. Gain fresh perspectives on Doctor Mike’s ongoing personal learning journey alongside the latest groundbreaking technologies and their transformative impact on students and clinicians practicing now and in the future.

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## **Mounjaro<sup>®</sup> (tirzepatide) – Featuring John E. Anderson, MD** **Saturday, September 27 | 12:30-1:30 p.m. CT** **Exhibit Hall A**

Join a presentation by one of your peers to learn about Mounjaro<sup>®</sup>—a glucose-dependent insulinotropic polypeptide (GIP) and glucagon-like peptide-1 (GLP-1) receptor agonist. This program will include a review of clinical efficacy and safety results, real-world evidence, and how to get appropriate patients started. It will also feature a testimonial by a patient describing their experience taking Mounjaro<sup>®</sup> for its indicated use. Attendees will have the opportunity to pose questions to the speaker at the end of the session.

Please see Important Safety Information for Mounjaro<sup>®</sup>, including Boxed Warning, the full Prescribing Information, and Medication Guide provided at the product theater.

This program is sponsored by and the speaker is presenting on behalf of Lilly USA, LLC. It is presented consistent with FDA guidelines and is not approved for continuing education credit.

**John E. Anderson, MD**, maintains a private practice in internal medicine and diabetes at The Frist Clinic of TriStar Medical Group in Nashville, Tennessee, where he is past president. He earned his medical degree at Vanderbilt University School of Medicine in Nashville, and he completed his residency in internal medicine at Vanderbilt University Affiliated Hospitals. Dr. Anderson is a Diplomate of the American Board of Internal Medicine.

Dr. Anderson was previously an assistant clinical professor of medicine at the Vanderbilt University School of Medicine for nearly 20 years. He is an active member of the American Diabetes Association.

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The OMED Exhibition provides the opportunity to learn more about the latest products and trends. [View the list of current exhibitors.](#)

## **Exhibit Hours (continental breakfast each morning):**

**Friday, September 26 – 9:30 a.m.-3 p.m.**

**Saturday, September 27 – 8 a.m.-2 p.m.**

OMED is more than just a conference. It's a platform for connecting with like-minded professionals who share your passion for osteopathic medicine. Expand your network, forge meaningful connections, and collaborate with colleagues who are at the forefront of the field.

Whether you're a seasoned practitioner or a budding osteopathic physician, OMED is the event you don't want to miss. Join us for this unparalleled gathering of the osteopathic community, and experience the power of knowledge, collaboration, and innovation..

### **Journal of Osteopathic Medicine (JOM) Journal Club**

**Friday, September 26 | 2-3 p.m. CT**

The Journal of Osteopathic Medicine (JOM) is hosting a one-hour Journal Club session in which the authors of multiple high-impact, timely, and clinically relevant papers will be sharing their work. Expert moderators will lead the discussion, and attendees are encouraged to ask questions and interact with the authors.

### **Specialty and State Spotlight**

**Saturday, September 27 | 8-9 a.m. CT**

**Booth 1125**

During this exclusive exhibit hall open hour, specialty and state organizations will be present in the OMED interactive area for attendees to visit and learn more about membership and activities taking place within the specialty and state organizations. Breakfast is provided.

### **OMED Interactive Area**

**Booth 1125**

The OMED Interactive Area in the exhibit hall will provide a wide range of activities and community networking. Participants can unwind and engage in exciting activities while exploring the exhibit hall. Activities include: silent disco, cuddle station, games, writing a card of joy for those in a local hospital, and posting a note of what you like most about OMED.

## **Member Central Booth 615**

Learn more about AOA member benefits and visit Health eCareers to learn more about the AOA Career Center. Pop-up conversation starters will take place daily. These 20-minute conversation topics will create attendee engagement. A complete list of topics is available in the event app. First-time and second-year attendees will have an opportunity to network with breakfast on Friday morning.

## **Product Theaters**

Learn about a specific cutting-edge topic once in the morning and once during the lunch hour (lunch provided) on Friday and Saturday.

## **Food Outlets**

Concession stands will be open in the exhibit hall.

Nashville, Tennessee, offers entertainment, live music and robust culinary scene.

[Learn more about Nashville!](#)

The AOA and Nashville are committed to providing a welcoming environment for all attendees. [Learn more.](#)



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## **OMED Welcome Reception – Music Through the Decades** **Thursday, September 25 | 6-7 p.m. CT** **Outside Terrace, Level 1**

AOA welcomes you to OMED25! Celebrate the power of music across generations. Throughout the evening, enjoy food and beverage pairings inspired by each era while networking and connecting through music. Journey through four themed areas, each highlighting an iconic musical era.

- **Area 1:** 1950s-1960s
- **Area 2:** 1970s-1980s
- **Area 3:** 1990s-2000s
- **Area 4:** 2010s-Present

## **AOF LGBTQ+ Health Equity and Inclusion Initiative** **Thursday, September 25 | 7-10 p.m. CT** **Ole Red**

American Osteopathic Foundation's LGBTQ+ Pride Reception takes place on Thursday, September 25, from 7-10 p.m. CT. For \$39, you'll get two drink tickets, heavy hors d'oeuvres, and live entertainment! Don't miss it! Advanced registration is required. No tickets will be sold at the door.

## **AOF Honors Gala** **Friday, September 26 | 6-11:30 p.m.**

More information coming soon.

## **Residency Fair** **Saturday, September 27 | 9 a.m.-12:30 p.m.**

More information coming soon.

## **Student Mentor Café** **Saturday, September 27 | 12:30-1:30 p.m.**

More information coming soon.

## Faculty Development

**Saturday, September 27 | 1:30-3:45 p.m.**

The AOA presents a dedicated educational track for faculty in graduate medical education (GME) programs who serve as clinical educators, mentors, and role models to osteopathic learners. This track addresses key areas of faculty development and performance, touching on effective teaching strategies, feedback delivery, leadership skills, and support for the professional identity of osteopathic physicians in training. Sessions will explore approaches to enrich the work of GME faculty as educators, mentors, and leaders. Discussions will highlight the unique contributions of osteopathic faculty in postgraduate training, with opportunities to examine how Osteopathic Recognition supports and advances Osteopathic Principles and Practice within graduate medical education.

## Networking Event

**Saturday, September 27 | 5:15-6 p.m.**

**Grand Ballroom BC**

Step into the heart of Music City with an evening inspired by Nashville's vibrant spirit. From the soulful sounds of country music to the lively energy of line dancing, this event captures the city's one-of-a-kind charm.

## **A.T. Still University**

ATSU Networking Reception  
Saturday, September 27  
6:30-8 p.m. CT  
Omni Hotel - Legend Ballroom EF

## **Des Moines University**

Des Moines University Alumni Reception  
Saturday, September 27  
6-8 p.m. CT  
Martin's BBQ, 410 S 4th Ave S

## **Kentucky College of Osteopathic Medicine**

KYCOM Reception  
Saturday, September 27  
6-8 p.m. CT  
Omni Hotel – Broadway K

## **Lincoln Memorial University – DeBusk College of Osteopathic Medicine**

LMU-DCOM Alumni and Friends Event  
Saturday, September 27  
6-9 p.m. CT  
Country Music Hall of Fame, 222 Rep John Lewis Way S

## **Midwestern University**

Midwestern University CCOM/AZCOM Alumni and Friends Reception  
Saturday, September 27  
6-8:30 p.m. CT  
Redneck Riviera Nashville, 208 Broadway

## **New York Institute of Technology**

NYIT-COM Alumni Reception  
Saturday, September 27  
5-9 p.m. CT  
Country Music Hall of Fame, 222 Rep John Lewis Way S

## **NSU Dr. Kiran C. Patel College of Osteopathic Medicine**

NSU-KPCOM Alumni Reception  
Saturday, September 27  
6:30-9 p.m. CT

## **Philadelphia College of Osteopathic Medicine**

PCOM Alumni Reception  
Saturday, September 27  
7-9 p.m. CT

## **Rocky Vista University**

RVUCOM Reception  
Saturday, September 27  
6:30-8:30 p.m. CT  
The Twelve Thirty Club, 500 Broadway

## **Rowan-Virtua School of Osteopathic Medicine**

Rowan-Virtua SOM Alumni Reception  
Saturday, September 27  
6-8:30 p.m. CT  
Omni Hotel – Legend Ballroom AB

## **Texas College of Osteopathic Medicine – UNT-HSC**

TCOM Alumni Reception  
Saturday, September 27  
6-7:30 p.m. CT  
Omni Hotel – Music Row 5

## **West Virginia School of Osteopathic Medicine**

WVSOM Alumni Reception  
Saturday, September 27  
6-8:30 p.m. CT  
ACME Feed and Seed, 101 Broadway

## **Western University of Health Sciences**

Western University Pacific Alumni Reception  
Saturday, September 27  
6-8 p.m. CT  
Omni Hotel – Bass 4th Floor

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## AAOA Family Fun Event

**Friday, September 26 | 2-4 p.m. CT**

Create memories and bring the family! The Advocates for the AOA (AAOA) is having its annual Family Fun Event at Country Music Hall of Fame Museum on Friday, Sept. 26, from 2 to 4 p.m. CT. [Learn more about the event and the required pre-registration.](#) Tickets are limited. Please register by Friday, September 19.

## AAOA House of Delegates

**Saturday, September 27 | 9 a.m.-12 p.m. CT**

The Advocates for the AOA (AAOA) invite members to attend their annual House of Delegates and Business meeting. [Pre-registration is required to attend.](#) Located in the Music City Center Davidson Ballroom A.

## AAOA Board Installation and President’s Reception

**Saturday, September 27 | 2-4 p.m. CT**

The Advocates for the AOA (AAOA) will hold their Board Installation and President’s Reception in The Music City Center Davidson Ballroom A.

## AAOA Fun Run

**Sunday, September 28 | 6:30-7:45 a.m. CT**

The Advocates for the AOA (AAOA) are excited to host the [A.T. Still Fit for Life Fun Run 2025](#) in Nashville, TN! The 5K walk/run will take place during OMED25 on Sunday, September 28, from 6:30 to 7:45 a.m. CT, in Riverfront Park, 100 1st Ave N. All proceeds go towards the AAOA Special Projects Grant Fund. These grants allow osteopathic organizations and affiliates to apply for and receive money toward community projects across the country. [Registration](#) is open through September 28. If you can’t participate in this year’s run but want to donate, please [click here](#).

## American College of Osteopathic Neurologists and Psychiatrists

Day	Time	Title	Location	Room
Sat., Sept. 27	4:30-5:15 p.m.	ACONP Membership Meeting	Omni Hotel	
Sat., Sept. 27	6-6:45 p.m. CT	ACONP Cocktail Reception	Omni Hotel	Cumberland 2
Sat., Sept. 27	6:45-8:45 p.m. CT	ACONP Awards Banquet	Omni Hotel	Cumberland 3 and 4

## Sigma Sigma Phi

Day	Time	Title	Location	Room
Sun., Sept. 28	10 a.m.-2 p.m. CT	Sigma Sigma Phi Meeting	Music City Center	Davidson C1 and C2

## TxACOFP

Day	Time	Title	Location	Room
Sat., Sept. 27	12:30-1:30 p.m. CT	TxACOFP Meeting	Music City Center	Davidson C2

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# OMED<sup>®</sup>25



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